

Mission:

To protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.



Ron DeSantis
Governor

Joseph A. Ladapo, MD, PhD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

North Central Florida Breastfeeding Support Resource List

Alachua Women Infants and Children Program (WIC) www.floridawic.org

For WIC appointments: 1-800-494-2543 or (352) 225-4343. Serving Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee, and Union Counties. Providing prenatal and postpartum breastfeeding education and support, peer counselor and IBCLC services, breast pumps for medical need and working mothers.

Hollie Jenkins, IBCLC, Breastfeeding Coordinator. Hollie.jenkins@flhealth.gov.

Phone (352) 225- 4120

Breastfeeding USA North Central Florida Chapter Facebook:

<https://www.facebook.com/BFUSANCEF>

Providing face-to-face, phone, text, online and email mother-to-mother breastfeeding support. Leaders: Sarah and Stormy. stormy.miller@breastfeedingusa.org

Healthy Start of North Central Florida <http://www.healthystartncf.org/>

Home visitors offer breastfeeding education and support in all North Central Florida counties.

To contact Healthy Start in your county: <http://www.healthystartncf.org/healthy-start-program/contact-us/>

Phone (877) 678-9355.

La Leche League of Gainesville <http://www.lllgville.com>

Free monthly meetings, phone, and online support. Leaders: Justine, Patricia, Rachel, and Tricia.

Phone: (352) 507-5530. Email: gainesvillellleader@gmail.com

Facebook: www.facebook.com/LLLofGvilleFL/ Instagram: <https://www.instagram.com/lllgainesville/>

¿Necesitas ayuda para amamantar en español? Comunícate con Líder Mirella

Mirellaramkaree@gmail.com

Teléfono (352)731-2454

North Central Florida Lactation Services

Providing virtual/telehealth consults during the COVID. Stormy Miller, IBCLC.

stormy@NCFLactation.com.

<https://northcentralfloridalactation.com/>

Phone (352)234-4030

HCA North Florida Hospital Gainesville

To contact a Lactation Consultant: (352) 333-5315. Free face-to-face consults by appointment.

To register for breastfeeding classes: 1-800-611-6913.

Postpartum Support Group Tuesdays 11:30am - 2:00pm (for babies 2-12 weeks).

UF Health Shands Gainesville

To contact a Lactation Consultant: (352) 265-0317.

Breastfeeding Support Group Tuesdays 11:30am – 1:30pm.

To register for breastfeeding classes: <https://ufhealth.org/breastfeeding-class>

Florida Department of Health

Alachua County

224 SE 24th Street • Gainesville, FL 32641
PHONE: 352-334-7900 • FAX: Alachua.floridahealth.gov

FloridaHealth.gov



Accredited Health Department
Public Health Accreditation Board

Breastfeeding Support @ UF Health <http://cbn.med.ufl.edu/>

For appointments: (352) 334-0206 (Pediatric Access Center-schedules for all clinic locations).
UF's pediatric clinics have lactation consultants who provide assessment, treatment, and advice for maternal and infant breastfeeding problems. Consults, frenotomies, and professional education are also provided.

Locations: Children's Medical Services Building near Shands, Tower Square, Magnolia Park, and Tioga.

North Central Florida Breastfeeding Coalition ncfbreastfeeds.org

<https://www.facebook.com/northcentralfloridabreastfeedingcoalition/>

Area lactation consultants and maternal child health organizations working together to support, promote and protect breastfeeding. We meet bimonthly via Zoom. Follow us on Facebook for breastfeeding resources and events in the community.

Susie Tanner, IBCLC, Coalition Chairperson (352) 256-4227.

Lactation Consultants

Heidi Agostinho, PhD, IBCLC: Foundation for Breastfeeding (Gainesville)
Phone: 352-681-4850 (Habla Español)
home and virtual visits, phone help, classes.

Angela Daniel, MSSW, CD (DONA), CLC
Family Centered Birth Services
Providing lactation education and support for the Gainesville area.
Phone (352) 477-2139.
familycenteredbirthservices.com

Jennifer Moore, RN, IBCLC: OptiMom Lactation Services:
[Breastfeeding Help & Classes | OptiMOM Lactation | Gainesville, Fl. near you](#)
optimomlactationservices.com

Eden Navarez, MA, IBCLC: Bonding with Baby Lactation, LLC Marion County.
Phone: (352) 615-9307
e@bondingbabylactation.com

Breastfeeding Medical Providers

Mary C Ryngaert, ARNP, IBCLC, Erica Noegel, ARNP, IBCLC UF Health Pediatrics (Gainesville) tongue tie release, prescriptions, lactation support.
Phone: 352-733-1770
<https://ufhealth.org/uf-health-pediatrics/breastfeeding>

Sara Copeland DNP, APRN, IBCLC Haile Village Center
9149 SW 49th Place, L101, 32608
www.bornlactation.com

Breast Pump Rentals

Gainesville Area
Lori's Gifts at HCA North Florida Hospital
Phone (352) 333-4068
6500 W Newberry Rd
Gainesville, FL 32605

OptiMom Lactation Services
Serving Gainesville FL and surrounding areas
Phone 808-got-milk (808-468-6455)
Support@OptiMOMLactationServices.com

Marion County Area
Bittings Pharmacy Medical Equipment
Phone (352) 732-3666 Ext 3
619 SE 17th St., Ocala, FL 34471